



## **Certificate in Advance Thai Massage (TMA)**

Training hours : 180 hours

Course fees : \$3200 (exclusive of GST)

Certification : International Training Massage School,  
Thailand

Subsidy : Up to 90% available

Exam Fee : \$100

### **Course content:**

- Introduction to Advance Traditional Thai Massage
- Meridians and pressure points
- Main energy lines
- Various manifestations of body's physical
- Deeply-focused on pressure point for therapy treatment such as neck, back pain, lower back pain, sciatic nerve problem, insomnia, headache, constipation....etc
- Techniques using thumbs, palms, elbows, knees and feet create a dynamic repertoire for application
- Positions of Thai massage to side position, back position and sitting position
- Thai Herbal Hot Compress

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