



Certificate in Foundation Thai Massage (TM)

Training hours : 60 hours

Course fees : \$1062 (exclusive of GST)

Certification : International Training Massage School,
Thailand

Subsidy : Up to 90% available

Exam Fee : \$100

Course content:

- Introduction to Traditional Thai Massage
- Meridians and pressure points
- Main energy lines
- Various manifestations of body's physical
- Deeply-focused abdominal work
- Techniques using thumbs, palms, elbows, knees and feet
create a dynamic repertoire for application
 - Positions of Thai massage to side, back and sitting

Head Office:
Reflexology and
Holistic Health Academy
#05-05 OUB Centre
1 Raffles Place
Singapore 048616
Tel: (65) 6323 3988
Fax: (65) 6323 2238